

**Trainingsplan ab 15.03.2010**

	Stein	Adenauer-Schule	Friedensschule	Kopernikus	Grüner Winkel	Erlenbachschule	Carl-Diem-Halle
<b>Mo.</b>						15:00 - 16:00 Mini	
	18:00 - 19:15 mE1, mD1					16:00 - 18:00 wE	
	19:15 - 20:15 mB2, mC2		16:00 - 17:30 mD2, mE2				
	20:15 - 22:00 2. M	20:30 - 22:00 mA, mB1					
<b>Die.</b>					16:00 - 17:00 Mini		
	18:00 - 19:30 wB, wA				17:00 - 18:00 Mini		18:00 - 20:00 mB1, mC1
	19:30 - 22:00 1.D, 3.M						
<b>Mi.</b>							
	18:00 - 19:30 wD1, wD2						
	19:30 - 22:00 2.M						
<b>Do.</b>	18:00 - 19:15 mD1, mC2		16:00 - 18:00 mE2, wE1			16:30 - 17:45 wE	
	19.15 - 20:30 wB	19:00 - 20:15 wA, mC1		17:30 - 19:30 mB2, mB1		17:45 - 19:15 wD2	
	20:00 - 22:00 mA	20:15 - 22:00 1.D		19:30 - 22:00 2.M		19:15 - 20:15 4.M	
<b>Frei.</b>						15:00 - 16:30 opt.Tw-Training	
	17:30 - 18:30 mD2, mE1					16:30 - 19:00 wD1	
	18:30 - 20:00 mC1, mD1						
	20:00 - 22:00 3. M, mA						